

# OCCUPATIONAL MEDICAL FACILITIES

MANDATED POSTER BY THE STATE OF CALIFORNIA



**In case of workplace injury, first notify your supervisor**  
**Call 911 if the injury or illness is an emergency**

San Diego Unified School District has arranged for medical care to be provided at the specialized work related injuries/illness occupational medical facilities listed below. No appointment is necessary. Inform the medical facility that you are a SDUSD employee and request that they **send medical reports and billing to Sedgwick Claims Management Services.**

**In the event of a serious injury/illness of an employee: CALL CalOSHA at (619) 767-2280 within 8 hours of the accident.**

Serious injury/illness is defined as any injury/illness occurring in a place of employment, or in connection with any employment, which requires inpatient hospitalization for a period in excess of 24 hours for other than medical observation, or in which an employee suffers a loss of any member of body, or suffers any serious degree of permanent disfigurement. **Failure to report to CalOSHA may result in a fine of up to \$5,000 to the site.**

## MISSION VALLEY/ HILLCREST

### UCSD MEDICAL CENTER HILLCREST

330 Lewis Street, Ste 100,  
San Diego CA, 92103

**(619) 471-9250**

8:00 am - 4:15 pm

### UCSD MEDICAL HOSPITAL HILLCREST

#### **\*After Hours Care**

200 W. Arbor Drive,  
San Diego CA, 92103

**(858) 657-7000**

### CONCENTRA

3930 Fourth Ave, Ste 200,  
San Diego CA, 92103

**(619) 297-9610**

7:00 am - 6:00 pm

### CONCENTRA

5333 Mission Center Rd, Ste 100  
San Diego CA, 92108

**(619) 295-3355**

8:00 am - 5:00 pm

### WORK PARTNERS-MISSION VALLEY

7485 Mission Valley Rd #100

San Diego, CA,

**(619) 900-1330**

8:00 am - 6:00 pm

## CLAIREMONT/KEARNY MESA

### CONCENTRA (Open 24/7)

5575 Ruffin Rd., Ste 100, SD CA, 92123

**(858) 277-2744**

### SHARP REES- STEALY GENESSE

2020 Genesee Avenue,  
San Diego CA, 92123

8:00 am - 4:00 pm

**(858) 616-8400**

**(no MD on Thursday after 12:00 pm)**

### SHARP HOSPITAL/EMERGENCY

SERVICES 7901 Frost St

San Diego CA, 92123

**(858) 939-3400**

24 hours a day, 7 days a week

### KAISER ON-THE-JOB CLAIREMONT

MESA MEDICAL OFFICES 6911

Convoy Court San Diego, CA 92111

**(833)-242-8500**

Mon- Fri, 9:00 am- 5:00 pm

### KAISER EMERGENCY/HOSPITAL SERVICES

9455 Clairemont Mesa Blvd. San Diego CA, 92123

**(858)-266-5000**

24 hours a day, 7 days a week

## NORTH COUNTY

### UCSD MEDICAL CENTER UTC/LA JOLLA

8899 University Center Lane, Ste 160  
San Diego CA, 92122

**(858) 657-1600**

8:00 am - 4:00 pm (call ahead of time)

### UCSD MEDICAL CENTER Thornton Hospital \*After Hours Care

9300 Campus Point Drive, La Jolla  
92037

**(858) 657-7612**

### CONCENTRA

10350 Barnes Canyon Rd, Ste 200,  
San Diego CA, 92121

**(858) 455-0200**

8:00 am - 4:00 pm

### CONCENTRA

7590 Miramar Road, Ste C,  
San Diego CA, 92126

**(858) 549-4255**

8:00 am - 4:00 pm

### SHARP REES- STEALY SORRENTO MESA

10243 Genetic Center Dr,  
San Diego CA, 92121

**(858) 526-6150**

8:00 am - 4:00 pm

### \*AFTER HOURS URGENT CARE (858) 526-6100

5:00 pm - 8:00pm, Monday - Friday

8:00 am - 8:00 pm, Weekends/Holidays

## SOUTH BAY COUNTY

### WORK PARTNERS

1510 Sweetwater Road National  
City CA, 91950

**(619) 552-2870**

7:00 am - 6:30 pm - M-F

8:00 am - 2:30 pm - Sat

### Akeso Occupational

444 West 8th St  
National City CA, 91950

**(619) 474-8666**

6:30 am - 7:30 pm

Open Weekends

### CONCENTRA

542 Broadway, Ste G  
Chula Vista CA, 91910

**(619) 425-8212**

8:00 am - 5:00 pm - M-F

9:00 am - 2:00 pm - SAT

### CONCENTRA

102 Mile of Cars Way  
National City CA, 91950

**(619) 474-9211**

7:00 am - 6:00 pm

### SHARP REES- STEALY Chula Vista

525 3rd Ave, Chula Vista CA,  
91910

**(619) 585-4050**

8:00 am - 4:30 pm

### California Retina Associates

835 3rd Ave STE A, Chula Vista,  
CA 91910

**(619)-425-7755**

8:00 am - 4:30 pm

### \* After Hours Urgent Care (619) 585-4000

Hours: 8:00 am - 8:00 pm

## LA MESA /EAST COUNTY

**\*\* NEW CLINIC\*\***

### CONCENTRA

9745 Prospect Ave, Ste 100

Santee CA, 92071

**(619) 448-4841 (TEMPORARILY CLOSED)**

7:00 am - 4:00 pm

### SHARP REES-STEALY LA MESA

5525 Grossmont Center Dr

(5th floor)

La Mesa CA, 91942

**(619) 644-6600**

8:00 am - 5:00 pm

### \*AFTER HOURS URGENT CARE

Santee Urgent Care

8701 Cuyamaca St

Santee CA, 92071 (1st Floor)

**(619) 568-8025**

8:00 am - 8:00 pm

## NORTH COUNTY

**\*\*NEW CLINIC\*\***

### KAISER ON-THE-JOB

#### SAN MARCOS MEDICAL OFFICES

400 Craven Road

**Building 1, 2nd Floor**

San Marcos CA, 92078

**833-242-8500**

Mon-Fri, 9:00 am - 5:00 pm

#### SAN MARCOS MEDICAL OFFICES 400

Craven Road

**Building 3, 1st Floor**

San Marcos CA, 92078

**833-242-8500**

Mon- Fri, 10:00 am - 8:00 pm

Sat- Sun: 9:00 am - 5:00 pm

## SOUTH BAY COUNTY

**\*\*NEW CLINIC\*\***

### KAISER ON-THER-JOB

#### OTAY MESA

4650 Palm Ave

**Building 2,**

2nd Floor

San Diego CA, 92154

**833-242-8500**

Mon-Fri, 9:00 am - 5:00 pm

#### OTAY MESA MEDICAL OFFICES

4650 Palm Ave

**Building 1**

San Diego CA, 92154

**833-242-8500**

9:00 am - 9:00 pm

7 days a week